

A PRETTY MILKMAID

Thinks Peruna is a Wonderful Medicine.



MISS ANNIE HENDREN.

MISS ANNIE HENDREN, Rocklyn, Wash., writes:

"I feel better than I have for over four years. I have taken several bottles of Peruna and one bottle of Mannitol."

"I can now do all of my work in the house, milk the cows, take care of the milk, and so forth. I think Peruna is a most wonderful medicine."

"I believe I would be in bed today if I had not written to you for advice. I had taken all kinds of medicine, but none did me any good."

"Peruna has made me a well and happy girl. I can never say too much for Peruna."

Not only women of rank and leisure praise Peruna, but the wholesome, useful women engaged in honest toil would not be without Dr. Hartman's world renowned remedy.

The Doctor has prescribed it for many thousands of women every year and he never fails to receive a multitude of letters like the above, thanking him for his advice, and especially for the wonderful benefits received from Peruna.

FROG WAS TO BLAME.

Weather Prophet Had Simply Put Faith Where He Believed He Had a Right.

James Wilson, the secretary of agriculture, was discussing an antiquated kind of farming.

"It is about as profitable and logical," he said, "as the weather reading of a Connecticut farmhand I used to know."

"This farmhand claimed that he could read the weather infallibly. On a walk with me one afternoon a frog croaked, and he said:—

"We will have clear weather for 24 hours. When a frog croaks in the afternoon you may be sure of 24 hours of sunshine."

"We walked on, and in 20 minutes or so a heavy shower came up and we were both drenched to the skin."

"You are a fine weather prophet," said I as we hurried homeward through the downpour. "You ought to be ashamed of yourself."

"O, well," said the farmhand, "the frog lied. It's to blame, not me. Am I responsible for the morals of that particular frog?"

The new regulation in the British army that "no relaxation of the eye-sight test can ever be allowed" is regarded as marking the disappearance of the eyeglass among the officers.

There's no argument equal to a happy smile.

BACK TO PULPIT.

What Food Did for a Clergyman.

A minister of Elizabethtown tells how Grape-Nuts food brought him back to his pulpit: "Some 5 years ago I had an attack of what seemed to be La Grippe which left me in a complete state of collapse and I suffered for some time with nervous prostration. My appetite failed, I lost flesh till I was a mere skeleton, life was a burden to me, I lost interest in everything and almost in everybody save my precious wife."

"Then on the recommendation of some friends I began to use Grape-Nuts food. At that time I was a miserable skeleton, without appetite and hardly able to walk across the room; had ugly dreams at night, no disposition to entertain or be entertained and began to shun society."

"I finally gave up the regular ministry, indeed I could not collect my thoughts on any subject, and became almost a hermit. After I had been using the Grape-Nuts food for a short time I discovered that I was taking on new life and my appetite began to improve; I began to sleep better and my weight increased steadily; I had lost some 50 pounds, but under the new food regime I have regained almost my former weight and have greatly improved in every way."

"I feel that I owe much to Grape-Nuts and can truly recommend the food to all who require a powerful rebuilding agent, delicious to taste and always welcome."

Name given by Postum Co., Battle Creek, Mich. A true natural road to regain health, or hold it, is by use of a dish of Grape-Nuts and cream morning and night. Or have the food made into some of the many delicious dishes given in the little recipe book found in pkgs.

Ten days' trial of Grape-Nuts helps many. "There's a reason."

Look in pkgs. for a copy of the famous little book, "The Road to Wellville."

Missouri Gleanings.

Missouri Retail Merchants.

Jefferson City—The Missouri Retail Merchants' association closed a two days' meeting here. The discussions of the sessions were lively, pure food legislation, a change in the garnishment law and the giving of premiums during most prominently. A resolution was adopted pledging the association to purchase no new goods with coupon attachments and to discontinue selling old lines as far as practicable. Henry Phelps, of Joplin, was elected president, and five vice-presidents, in the following order, were chosen: Henry C. Lutz, St. Louis; J. S. Wertheimer, St. Louis; J. L. Beck, Johnson City; H. Dolph, Sedalia; L. L. Daly, St. Joseph. W. A. Banks, of Springfield, was elected treasurer, and F. Guy Chinn, of Jefferson City, secretary. Sedalia was unanimously chosen as the next place of meeting.

Plan Big Phone System.

Tipton—There is a movement on foot to organize a county telephone exchange at Latham, this county, at which place all telephone companies incorporated and the Manual will be invited to connect. This exchange will furnish metallic circuit to the following points: California, Tipton, Fortuna, Mutual and Cotton. Two other towns in Monticue, Miller and Cole counties will also be furnished with metallic circuits as soon as they can be built. When all this is completed there will be over 3,000 telephones connected. The estimated cost will be about \$150,000.

Capt. John E. Ball Dead.

Montgomery City—Capt. John E. Ball, aged 82, passed away here. He was a member of Col. Sterling Pierce's regiment of Missouri volunteers in the Mexican war, and in the civil war recruited and commanded a company in Col. D. P. Dyer's regiment, the Forty-ninth Missouri volunteers.

Lightning Starts Costly Fire.

Kansas City—Lightning caused a fire which gutted the six-story building occupied by the Frankel & Frank Millinery Co., entailing a loss of \$200,000; insurance, \$100,000.

Suicided With Poison.

St. Joseph—W. A. Arnold, a stockman from Pittsburg, took morphine in a room at Second and Robison streets, and died at St. Joseph's hospital.

Drowned in Nevada Park Lake.

Nevada—Despite desperate efforts to rescue him, Wilcox Marshall, son of H. L. Marshall, United States commissioner at Eureka, I. T., was drowned in the park lake here in the presence of hundreds of Chautauqueans.

Masked Men Hold Up Operator.

Higbee—Two masked men held up the Missouri, Kansas & Texas depot here. After robbing the night operator, R. Fulkerson, of \$24, they cut the telegraph wires, smashed the telephone and departed.

Girl Drowned in Creek.

Carthage—Miss Halie Miles, aged 23, a music teacher, was drowned in Dry Fork creek, four miles north of here. She was riding in a buggy, which the swift current overturned.

Tragedy's Third Victim Dead.

Higbee—The third victim of the terrible tragedy which occurred at the home of Will Wheeler, north of here, on July 4, has died—Mrs. Bathena Sturgeon, of Kansas City.

Boy Drowned in Missouri River.

St. Charles—Martin Zeitz, 9 years old, was drowned in the Missouri river while in swimming. His body has not been recovered.

Boy Drowned in Swollen Stream.

Lebanon—The 14-year-old son of O. M. Schmidt was drowned while trying to ford a swollen stream 12 miles north of here.

Hadley Will Aid Prosecution.

Springfield—Either Atty. Gen. Hadley or his chief assistant, John Kenish, will be here on August 8, the date of the trial of the alleged mob leaders.

Deaf Boy Swimmer Drowned.

Fulton—Clyde Barnhouse, aged 13, a pupil in the school for the deaf here, was drowned while in swimming.

Drowned in Grand River.

Trenton—Archie Brodie, aged 24, was drowned in Grand river while in swimming with some companions.

Boy Hurt in Runaway.

Trenton—Emmet Warren, aged ten, was probably fatally injured by a runaway team.

Buying Right-of-Way.

Springfield—Extending its White river division into here from Crane, the Missouri Pacific has spent \$200,000 for right-of-way in this city and Greene county, and it is said, will expend \$400,000 more.

Domestic Issue Causes Killing.

Caruthersville—Paris McCants has been remanded to jail without bond on the charge of killing George King. The differences between the two were of domestic nature.



THE WINNING STROKE

If more than ordinary skill in playing brings the honors of the game to the winning player, so exceptional merit in a remedy ensures the commendation of the well informed, and as a reasonable amount of outdoor life and recreation is conducive to the health and strength, so does a perfect laxative tend to one's improvement in cases of constipation, biliousness, headaches, etc. It is all important, however, in selecting a laxative, to choose one of known quality and excellence, like the ever pleasant Syrup of Figs, manufactured by the California Fig Syrup Co., a laxative which sweetens and cleanses the system effectually, when a laxative is needed, without any unpleasant after effects, as it acts naturally and gently on the internal organs, simply assisting nature when nature needs assistance, without griping, irritating or debilitating the internal organs in any way, as it contains nothing of an objectionable or injurious nature. As the plants which are combined with the figs in the manufacture of Syrup of Figs are known to physicians to act most beneficially upon the system, the remedy has met with their general approval as a family laxative, a fact well worth considering in making purchases.

It is because of the fact that SYRUP OF FIGS is a remedy of known quality and excellence, and approved by physicians that has led to its use by so many millions of well informed people, who would not use any remedy of uncertain quality or inferior reputation. Every family should have a bottle of the genuine on hand at all times, to use when a laxative remedy is required. Please to remember that the genuine Syrup of Figs is for sale in bottles of one size only, by all reputable druggists, and that full name of the company—California Fig Syrup Co., is plainly printed on the front of every package. Regular price, 50c per bottle.

CALIFORNIA FIG SYRUP CO.

WHISPERED WISDOM.

If you wish to be considered essential be careful that the wounds you cause be healed only by yourself.

Never neglect yourself. On the last day of your life even, your face may become the guiding star of another's life.

If you learn to look brightly at life as a whole you will find for the sorrows of the individual the true sympathy that is the true balm.—Mme. Leandre.

AWFUL ITCHING ON SCALP.

Hair Finally Had to Be Cut to Save Any—Scalp Now in Good Condition—Cured by Cuticura.

"I used the Cuticura Soap and Ointment for a diseased scalp, dandruff, and constantly falling of hair. Finally I had to cut my hair to save any at all. Just at that time I read about the Cuticura Remedies. Once every week I shampooed my hair with the Cuticura Soap, and I used the Ointment twice a week. In two months' time my hair was long enough to do up in French twist. That is now five years ago, and I have a lovely head of hair. The length is six inches below my waist line, my scalp is in very good condition, and no more dandruff or itching of the scalp. I used other remedies that were recommended to me as good, but with no results. Mrs. W. F. Gless, Clay Center, Neb., Oct. 23, 1905."

It is better to decide a difference between enemies than friends, for one of our friends will certainly become an enemy, and one of our enemies a friend.—Blair.

In a few days a letter dropped in the Chicago general postoffice fifteen or twenty minutes before the departure of trains for St. Paul, Minneapolis, Omaha, St. Louis, New Orleans, Detroit, Grand Rapids, Cincinnati, Buffalo, New York and the east will be aboard flyers on their way to these and hundreds of other points between the Lakes and the Gulf and the two oceans. The new fast work will be possible by the connection between the Chicago subway and the Illinois Central's mail rooms at the Park Row station, which is also used by the Michigan Central, Big Four and Wisconsin Central roads. The subway which runs under Wabash avenue has a spur in Thirteenth street to the south end of the big railway station. All sack mail to this station has been handled by wagons. Now it will be dumped into waiting electrical cars in the subway under the postoffice and rushed to the Park Row station, where it will be dumped onto waiting elevators which will lift them to the doors of waiting mail cars.

The Cape Colony authorities have been petitioned to set apart a "poets corner" in the cathedral at Capetown.

Smokers have to call for Lewis' Single Binder cigar to get it. Your dealer or Lewis' Factory, Peoria, Ill.

Good luck is like a faultless wife. Somebody else always has it.

This Is What Catches Me!

16oz.—One-Third More Starch.



A FULL POUND

for 10c

No premiums, but one-third more starch than you get of other brands. Try it now, for hot or cold starching it has no equal and will not stick to the iron.

ALLEN'S FOOT-EASE
A Certain Cure for Tired, Hot, Aching Feet.
DO NOT ACCEPT A SUBSTITUTE.

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Dividend paying Stocks, in developed mines. Full particulars by addressing promptly, E. W. PARKER, 420 Chamber of Commerce, Los Angeles, Calif.

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QUICKLY CURE HEADACHE, NEURALGIA AND FEVERS.
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